

# Stoke Green

DAY NURSERY  
FOOD MENU

## Main meals & puddings

**Monday** - Tuna & sweetcorn pasta bake

**Pudding** - Banana slices & custard

**Tuesday** - Beef cottages pie w/ green bean & mash.

**Veg option** - Vegetable cottage pie.

**Pudding** - Orange & lemon shortbread.

**Wednesday** - Turkey meatballs & spaghetti w/ garlic bread. **Veg option** - Quorn. **Pudding** - Fruit trifle.

**Thursday** - Chicken roast dinner w/ seasonal vegetable & new potatoes.

**Veg option** - Vegetable dinner.

**Pudding** - Fruit yoghurt pots.

**Friday** - Vegetable curry w/ rice & naan bread.

**Pudding** - Carrot cake.

## Breakfast

Breakfast is offered between 8am - 9.15am along with a rolling snack. A variety of cereals with fresh milk, continental options include muffins, pancakes, toast and fresh fruit

## Snack

Our healthy snacks include fruit smoothie, rice cakes, oat biscuits, fruit bowl, vegetable sticks.

## High Tea

**Monday** - Sardines on toast

**Tuesday** - Mini fishcakes & cous cous.

**Wednesday** - Cream cheese bagel w/ vegetable sticks.

**Thursday** - Cheese & spinach pasta bake

**Friday** - Variety of meats, melon & cheeses.

### Allergens awareness:

We cater for all allergens and dietary requirements and adhere to the food standard organization