

Stoke Green

DAY NURSERY
FOOD MENU

Main meals & puddings

Monday - Four bean vegetable chili & rice
w/ naan breads or tortilla.

Pudding - Jam tarts

Tuesday - Chicken & potato curry
w/chapati's **Veg option** - Vegetable curry.

Pudding - Homemade Bakewell sponge.

Wednesday - Beef lasagna w/ wedges &
peas. **Veg option** - Vegetable lasagna

Pudding - Natural yoghurts w/ fresh fruit
slices.

Thursday - Homemade cod & salmon pie
w/ new potatoes & pea's. **Veg option** -

Vegetable pie **Pudding** - Rice pudding

Friday - Sausage & vegetable pasta
bake. **Veg option** - Quorn sausage

Pudding - blueberry sponge cake.

Breakfast

Breakfast is offered between 8am -
9.15am along with a rolling snack. A
variety of cereals with
fresh milk, continental
options include muffins,
pancakes, toast and fresh

fruit

Snack

Our healthy snacks
include fruit smoothie,
rice cakes, oat biscuits, fruit bowl,
vegetable sticks.

High Tea

Monday - Loaded half baked jacket
potatoes w/ cheese & salad.

Tuesday - Pitta breads w/ tuna dips
and vegetable sticks.

Wednesday - Cold egg & salad
pasta bake.

Thursday - Seasonal soup w/ whole
meal bread.

Friday - Cheese & pickle sandwiches
w/ vegetable sticks.

Allergens awareness:

We cater for all allergens and dietary requirements and adhere to the food standard organization