

Stoke Green

DAY NURSERY
FOOD MENU

Main meals & puddings

Monday - Fish cakes, Parmenter potatoes w/ mushy peas. **Pudding** - Cranberry muffin's

Tuesday - Chicken chasseur with wholegrain rice. **Veg option** - Vegetable chasseur. **Pudding** - Banana's & custard

Wednesday - Vegetable pasta bake w/ garlic bread. **Veg option** - vegetable pasta bake. **Pudding** - Natural yoghurt w/ fresh fruit

Thursday - Beef & mushroom stroganoff w/ white rice.

Veg option - Quorn stroganoff **Pudding** - Fresh fruit flapjack

Friday - Todd in a hole w/ mash & seasonal vegetables. **Veg option** - Quorn sausages **Pudding** - Fromage Frais

Breakfast

Breakfast is offered between 8am - 9.15am along with a rolling snack. A variety of cereals with fresh milk, continental options include muffins, pancakes, toast and fresh fruit

Snack

Our healthy snacks include fruit smoothie, rice cakes, oat biscuits, fruit bowl, vegetable sticks.

High Tea

Monday - Mac & cheese

Tuesday - Ciabatta Pizza breads

Wednesday - Turkey pitta breads w/ salad

Thursday - Seasonal soup w/ whole meal bread.

Friday - Cheese & pickle sandwiches w/ Vegetable sticks

Allergens awareness:

We cater for all allergens and dietary requirements and adhere to the food standard organization