

Stoke Green

DAY NURSERY
FOOD MENU

Main meals & puddings

Monday - Chicken, chickpea and spinach curry. **Pudding** - Apple and cinnamon with custard.

Tuesday - Beef hotpot w/ seasonal vegetables. **Veg option** - Lentil hotpot w/ seasonal vegetables **Pudding** - Warm banana bread.

Wednesday - Pork sausages baked bean pie w/ fresh bread **Veg option** - Quorn sausages **Pudding** - Fromage Frais

Thursday - Homemade cod fish cakes w/ potato's, pea's & parsley sauce.

Veg option - Vegetable cakes.

Pudding - Apricot cookie

Friday - Vegetable chili w/ warm pitta bread **Veg option** - Lentil vegetable and spinach curry. **Pudding** - Greek yoghurt w/ seasonal fruit slices

Breakfast

Breakfast is offered between 8am - 9.15am along with a rolling snack. A variety of cereals with fresh milk, continental options include muffins, pancakes, toast and fresh

fruit

Snack

Our healthy snacks include fruit smoothie, rice cakes, oat biscuits, fruit bowl, vegetable sticks.

High Tea

Monday - Scrambled eggs and beans on toast.

Tuesday - Toasted Pitta pockets w/ selection of cold meats.

Wednesday - Seasonal soup w/ crusty bread

Thursday - Homemade cheese & pepper pizzas.

Friday - Turkey & spinach wraps w/ cherry tomatoes..

Allergens awareness:

We cater for all allergens and dietary requirements and adhere to the food standard organization

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FOOD MENU

Main meals & puddings

Monday - Jacket potato w/ beans and cheese. **Pudding** - Jam tarts

Tuesday - Creamy, salmon bake w/ sweetcorn and broccoli **Veg option** - Vegetable bake. **Pudding** - Homemade fruit cheesecake and cream

Wednesday - Turkey dinner w/ mash and vegetables **Veg option** - Quorn dinner w/ vegetable **Pudding** - Fruit salad

Thursday - Beef and onion pie w/ seasonal vegetables and new potatoes . **Veg option** - Vegetable and onion pie

Pudding - Lemon shortbread

Friday - Chicken korma w/ rice and nan bread **Veg option** - Quorn korma

Pudding - Banana and custard

Breakfast

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Snack

Our healthy snacks include fruit smoothie, rice cakes, oat biscuits, fruit bowl, vegetable sticks.

High Tea

Monday - Warm tomato pasta bake

Tuesday - Beans on toast

Wednesday - Pilchards w/ crusty bread

Thursday - Cheese and crackers w/fresh fruit

Friday - Ham and cheese toasties

Allergens awareness:

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